

NATIONAL YOUTH LEADERSHIP NETWORK



Building power among young leaders with disabilities!

Reap What You Sow: Harvesting Support Systems Curriculum Training Packages



Figure 1 - Reap What You Sow logo

NYLN's team of popular educators is excited to share our new curriculum! Reap What You Sow brings youth and adults together to build support systems. We believe this curriculum can have a big impact in our communities.

We know different groups have different training needs. Below are the three (3) training packages we offer. Please contact us if you are interested in being involved with the Reap What You Sow: Harvesting Support Systems project.

Option 1: Reap What You Sow Certification (Train-the-Trainer)

The **Reap What You Sow certification** will teach people how to use the curriculum. Groups who want to teach the curriculum would choose this package. With this package, NYLN would host a 2.5-4 day "train the trainer" session. [A train the trainer session is one where future trainers are taught how to use the materials.] After the session, participants will be certified to use the curriculum. "Certified" means a person is allowed and trained to use something. NYLN will be available for contracted technical assistance.

The certification familiarizes people with the curriculum. We share our philosophy. We will review the curriculum. We cover every tool. A copy of the curriculum comes with this package.



Figure 2 - A young person gardening.

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Training Day 1 introduces participants to:

- Popular education tools,
- Creating inclusive / safe spaces for youth and all people,
- Working with multi-aged groups,
- Topics like ableism, safety, interdependence and more.

Training Days 2 and 3 focus on curriculum tools. People will learn how to use the tools.

Product:

After the session, participants each receive certification as a Reap What You Sow official trainer. Each organization will receive two copies of the Reap What You Sow Package. This includes print materials and the supplemental DVD. Certified trainers will be connected to an online network of trainers. The network allows trainers to share ideas and successes for leading the curriculum.



Figure 3 - Two adults listening to a young person at a table.

Please Note: Participants who are certified as trainers gain the ability to implement the curriculum. This does not include the authority to train or certify new trainers. Participants being certified must be direct representatives of the host organization(s) contracting with NYLN. In the case of multi-agency community collectives, each group would contract with NYLN directly. For example, a training for one multi-agency community collective would not result with multiple organizations being certified. There may be times when community groups (e.g., State Councils for Developmental Disabilities, local foundations, etc.) serve as supportive funders or co-funders on behalf of community partners. NYLN supports these outreach efforts. In such cases, outside funds would filter through the organizations seeking certification and contracting with NYLN.

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Technical Assistance:

Following the certification training, NYLN is available for technical assistance. Technical assistance means support or expertise we share. We strongly encourage states to coordinate technical assistance through NYLN. This helps new facilitators maximize Reap What You Sow tools.

General Information:

Length of training: 20-28 hours

Number of people: Eight (8) - 12 people can participate in the session, depending on how many organization team up for the training. We encourage organizations to partner together. Partnering makes funding less for everyone and arranging this session easier in general.



Figure 4 - A person painting happily.

Cost for certification training: NYLN promotes groups working together. This is a great way for youth organizations, parent groups, and agencies to work together.

- If it is one organization hosting the certification training, the flat rate is \$12,000 + travel, lodging, and per diem for a team of two to three youth educators. The flat rate includes the curriculum and certification training. Up to eight people could attend this training.
- If the train-the-trainer session is being arranged by two organizations, we ask for \$7,000 from each organization and costs for the youth educator(s) divided between organizations. Ten people could attend this training (five from each organization).
- If the trainer-the-trainer session is being arranged by three organizations, we ask for \$6,000 from each organization and costs for the youth educator(s) divided between organizations. Twelve people could attend this training (four from each organization).

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Option 2: NYLN Facilitates Reap What You Sow for You

This package is for groups looking for a youth training to be led by NYLN in their community. NYLN would help facilitate a conference. We can do this at Youth Leadership Forums (YLFs), family support gatherings, and more. (Many of the trainers also have experience organizing YLFs and family conferences.) With this package, NYLN trainers facilitate a customized curriculum for your group. We would be fully equipped to suit the needs and interests of your group.

Note: You would *not* be certified to use the curriculum with this package. You would *not* receive a copy of the curriculum.

General Information:

Length of training: 18-28 hours.

Number of people: Up to 30 people can participate. Depending on circumstances, NYLN may facilitate events with over 30 people, but it will require at least three trainers.



Figure 5 - A young person writing on a sheet of paper

Cost: The flat rate for curriculum implementation is \$6,000 + travel, lodging, and per diem for a team of two to three youth educators.

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Option 3: Customized Reap What You Sow Package

This package is for organizations wanting a training package that is different from Option 1 and 2. Sometimes this means a group wanting a first taste of what the Reap What You Sow curriculum could offer. It might mean working with NYLN to use the curriculum all year-round. It could mean anything!

Like Option 1 and Option 2, this training is perfect for both people new to disability community space and those who have been working in the disability field for a long time. It is accessible to people of all ages and abilities.

Length of training: Customizable.

Number of people: Customizable.

Cost: Customizable.



Figure 6 - A group cheering together. Three people are in chairs. One person is facing them.

NYLN looks forward to working with you. To contact us about any of these packages, please call or email Betsy Valnes. Betsy is the NYLN Executive Director. She can be reached at Betsy@NYLN.org or 866-480-6565.